**Autoimmune Disease Risk Factors and Symptoms Checklist**

**\*\*\*Disclaimer\*\*\***

**This checklist will help you to identify your possible risk factors for autoimmune disease and symptoms. Remember that if you already have an autoimmune disease, you may be at risk of developing other conditions. This checklist may be helpful, since you may want to periodically assess your symptoms to see if any new patterns are signaling the onset of additional diseases. If new symptoms occur, it is advised to inform your physician. This check list is for informational purposes only, it is not intended to diagnose any condition or symptoms you may be experiencing.**

**For any applicable conditions, mark whether you have presently or in the past been diagnosed with the condition (s), and identify family members who have currently or in the past been diagnosed:**

**S for Self P for Parent**

**C for Child S for Sibling**

**IT for Identical Twin FT for Fraternal Twin**

**GP for Grandparent**